



2011/2012 Pool Times and Competitions

Nait Schedule - September 6th-25th

September Sundays (11 th , 18 th , 25 th) Please wear appropriate footwear and clothing for activities	September During the week (Tues 6 th , Thurs 8 th , Mon 12 th , Wed 14 th , Mon 19 th , Wed 21 st)
Dryland 5pm - 6pm	Dryland 6pm - 6:30pm
Water 6pm - 8pm	Water 6:30pm - 8pm

Possible MP Schedule - starting Tuesday, September 27th

		Tuesday	Thursday	Sunday
Dip & Twirl	Dryland Water			5-6pm 6:15-7:30pm
10&Unders	Dryland Water		5:45-6pm 6-8:30pm	5-6pm 6:15-8pm
12&Unders	Dryland Water	5:45-6pm 6-8:30pm	5:45-6pm 6-8:30pm	4-5pm 5:15-8pm
13-15	Dryland Water	5:30-6pm 6-9pm	5:30-6pm 6pm-9pm	4-5pm 5:15-8pm
15&Over	Dryland Water	5:30-6pm 6-9pm	5:30-6pm 6pm-9pm	4-5pm 5:15-8pm
XtraRoutines		6:30-7:30pm		8-9pm

Competitions

December 17th - Alberta Winter Games Trials (Edmonton, NAIT)

February 9th-12th - Alberta Winter Games (Spruce Grove)

March 9th - 11th - Wildrose Qualifier (Edmonton, Kinsmen Pool)

April 20th -22nd - Wildrose (Lethbridge)

May 11th - 13th - MASY (Calgary)

